

August 2024 | West Rusk- Lunch



Announcements:

WELCOME BACK!!!

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Bell Peppers Season in Texas: May - June; August - November Did you know? The longer a bell pepper is left to ripen, the sweeter it becomes</p>				
5	6	7	8	9
12	13	14	15 PIZZA CHOICE CHEESY BROCCOLI BABY CARROTS RAISELS MILK CHOICE	16 CHICKEN SANDWICH OVEN FRIES CELERY STICKS FRESH FRUIT MILK CHOICE
19 BREADED CHICKEN MASHED POTATOES GREEN BEANS FRESH ROLL FRESH APPLE MILK CHOICE	20 SOFT TACO SEASONED CORN REFRIED BEANS TACO FIXINS' FRESH ORANGE MILK CHOICE	21 FISH STICKS OR CORNDOG BAKED BEANS CELERY STICKS APPLESAUCE CUP MILK CHOICE	22 PIZZA CHOICE BROCCOLI SALAD SEASONED CORN STRAWBERRY CUP MILK CHOICE	23 CHEESEBURGER TATER TOTS BABY CARROTS BURGER FIXINS' FRESH BANANA MILK CHOICE
26 CHICKEN NUGGETS OR ASIAN CHICKEN COOKED CARROTS SWEET PEAS BROWN RICE FRESH APPLE MILK CHOICE	27 BEEFY NACHOS SEASONED CORN REFRIED BEANS FRESH ORANGE MILK CHOICE	28 STEAKFINGERS OR CHKN. FRIED STEAK MASHED POTATOES GREEN BEANS FRESH ROLL APPLESAUCE CUP MILK CHOICE	29 PIZZA CHOICE CHEESY BROCCOLI BABY CARROTS RAISELS MILK CHOICE	30 CHICKEN SANDWICH OVEN FRIES CELERY STICKS FRESH BANANA MILK CHOICE



TEXAS DEPARTMENT OF AGRICULTURE
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